

Sixth Grade Football Rules

1. Sixth Grade Rules will follow the National Federation for Middle School, with the Following Exceptions:
 - a.) A game will consist of four 15-minute quarters, with 1-minute between quarters 1-2 and 3-4.
 - b.) The clock will stop for injuries and time-outs **ONLY**. No other instance shall the clock be stopped. Injury time outs will be called by the head official.
 - c.) There will be a ten (10) minute half time period.
2. There will be a minimum of three officials for each game. (Referee, Umpire, Linesman). A second linesman will be used if one is available. A chain crew of three persons will also be required for each game.
3. Each player on the team should receive significant playing time during each half of play (8-10 plays). Special teams plays will be included, but players should have the opportunity to play on offense and/or defense as well.
4. Each team may choose whether to use Junior or Youth sized football, when on offense.